

Ambiant Assisted Living Conference

17 June 2010

A View from Scotland ...

Reshaping Care for Older People

**Mike Martin – Director – Joint Improvement
Team**

Scotland profile:

- ❑ 5 million patients registered with 1050 General Practitioners (family doctors)
- ❑ NHS Scotland – devolved to Scottish Parliament in 1992
- ❑ Health Services – 14 geographic Health Boards
+7 National Health Boards
[NHS24; Ambulance Services]
+41 Community Health Partnerships
- ❑ Social Care - 32 x local Councils



When we embarked on the Reshaping Care programme, we were not quite aware of all of the difficult points we might have to deal with



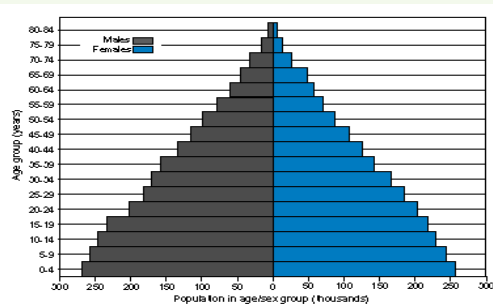
It may look easy but it is a very complex matter

Reshaping Care for Older People: Why?

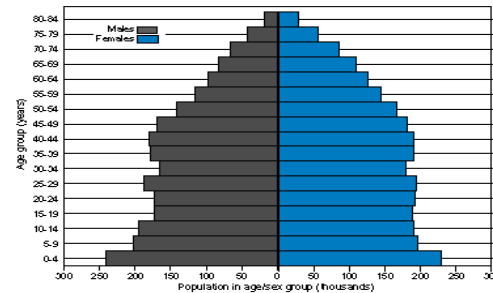
Imperatives:

- Sustainability
 - Demographic shifts
 - Financial pressures
- Desirability
 - alignment with policy goals

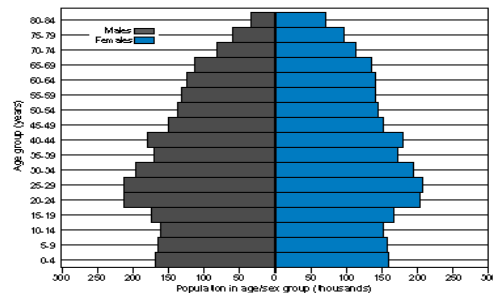
The changing shape of Scotland's population



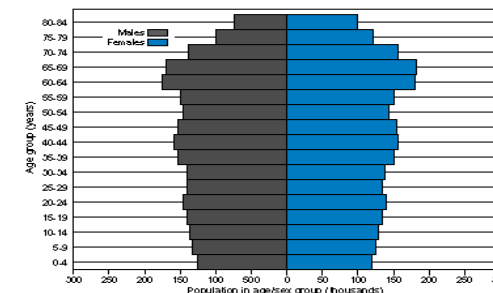
1911



1951



1991



Projection to 2031

Headline Projections:

	65+	85+
2006-2016	+21%	38%
2006-2031	+62%	144%

Current numbers of service users – 90,000
by 2016 + 23,000 (25%)

Financial pressures:

More of the same results in

2016 +22% (£1.1 billion)

2031 +74% (£3.4 million)

At the same time

2016 -10%-14% reduction in public expenditure

This means:

- A new 600 bed hospital every 3 years for 20 years!
- A new 50 bed care home every 2 weeks for 20 years!
- £2.8 billion investment in 'care housing'!
- Virtually all school leavers to join the care workforce!

Current services are clearly not sustainable!

So, are we trying to
achieve the
impossible
or
merely the
improbable?



Risks of Getting Boxed In – In our Thinking



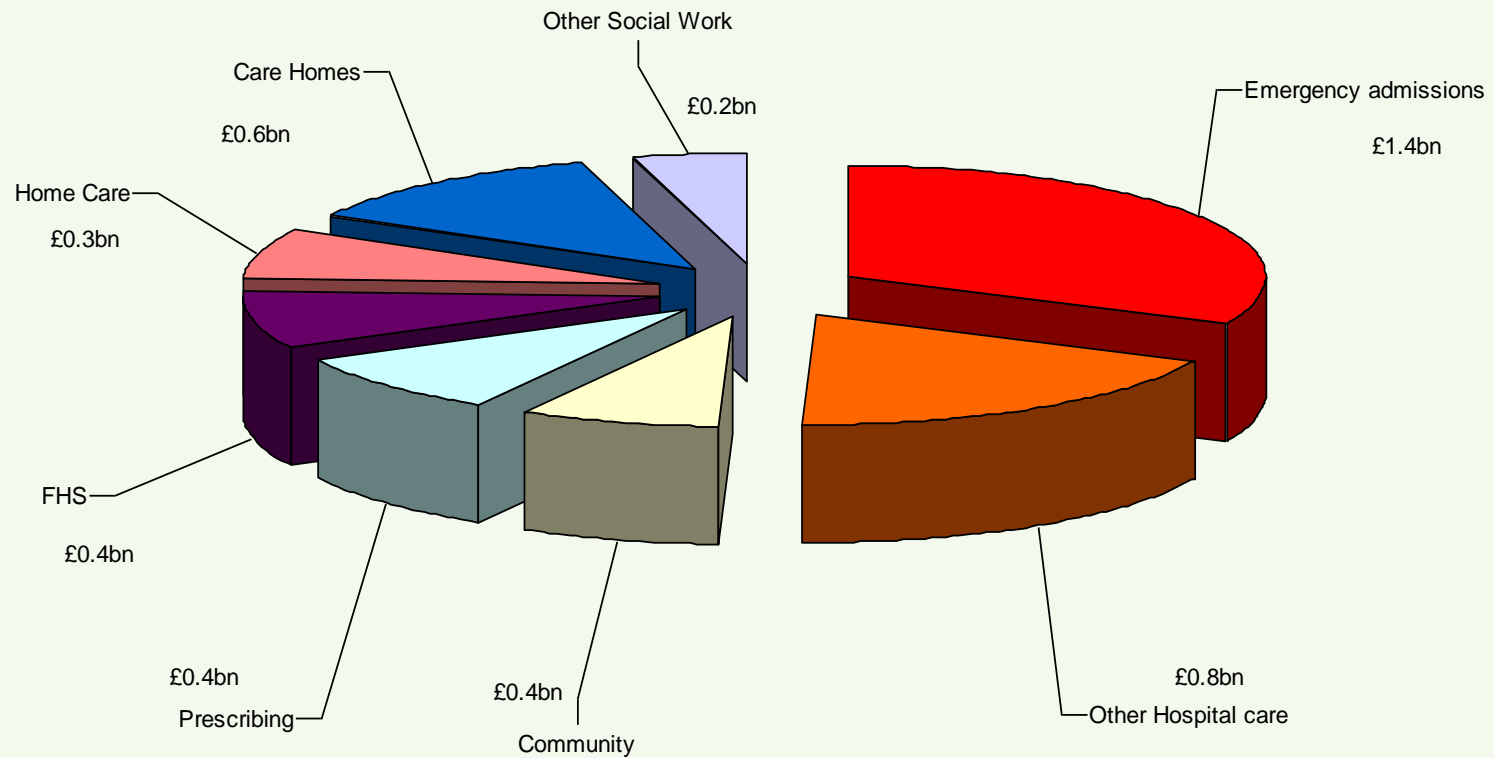
Doing it right – getting it wrong!!!

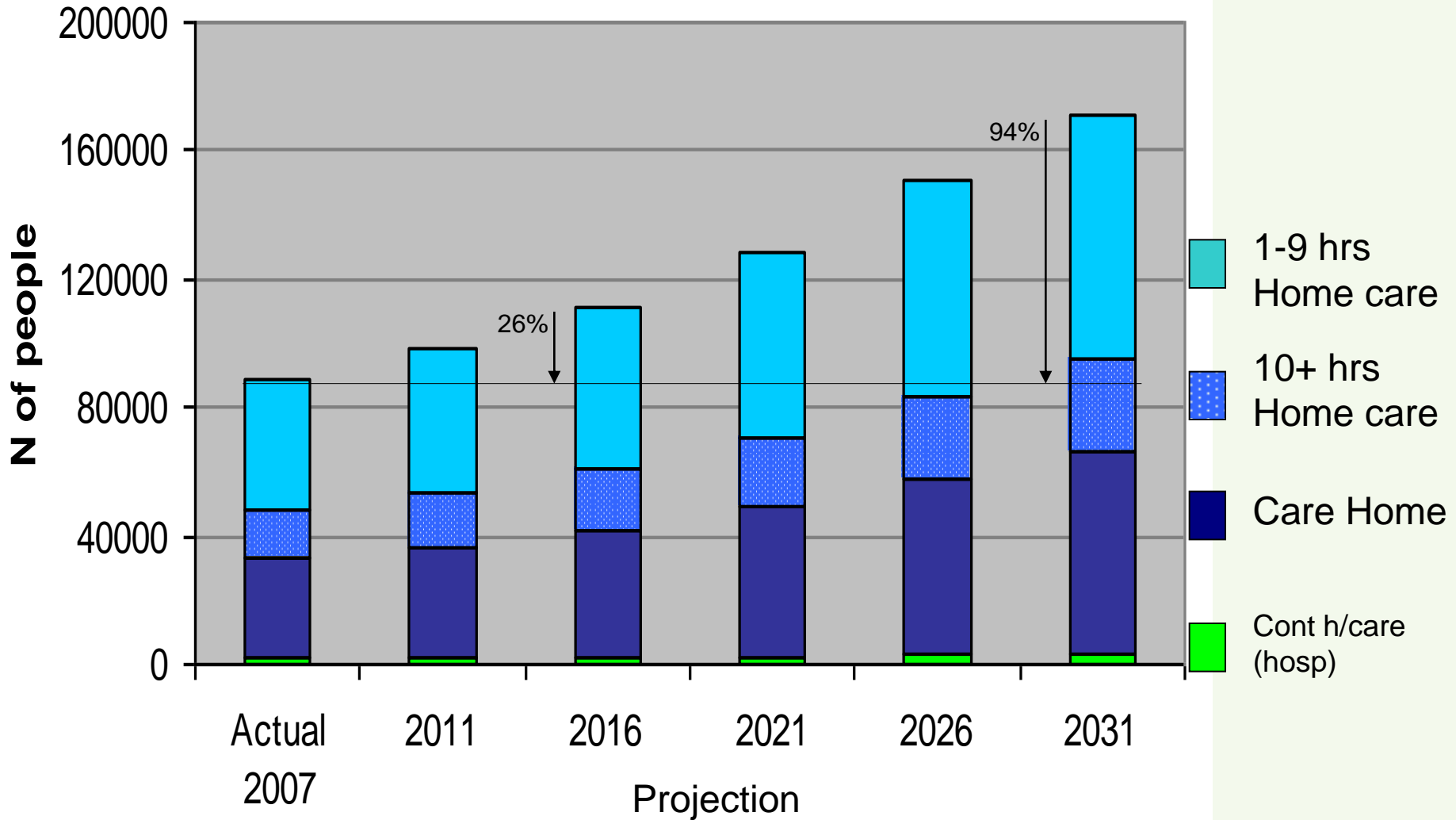
Policy goals -

“To optimise independence and wellbeing at home or in a homely setting”

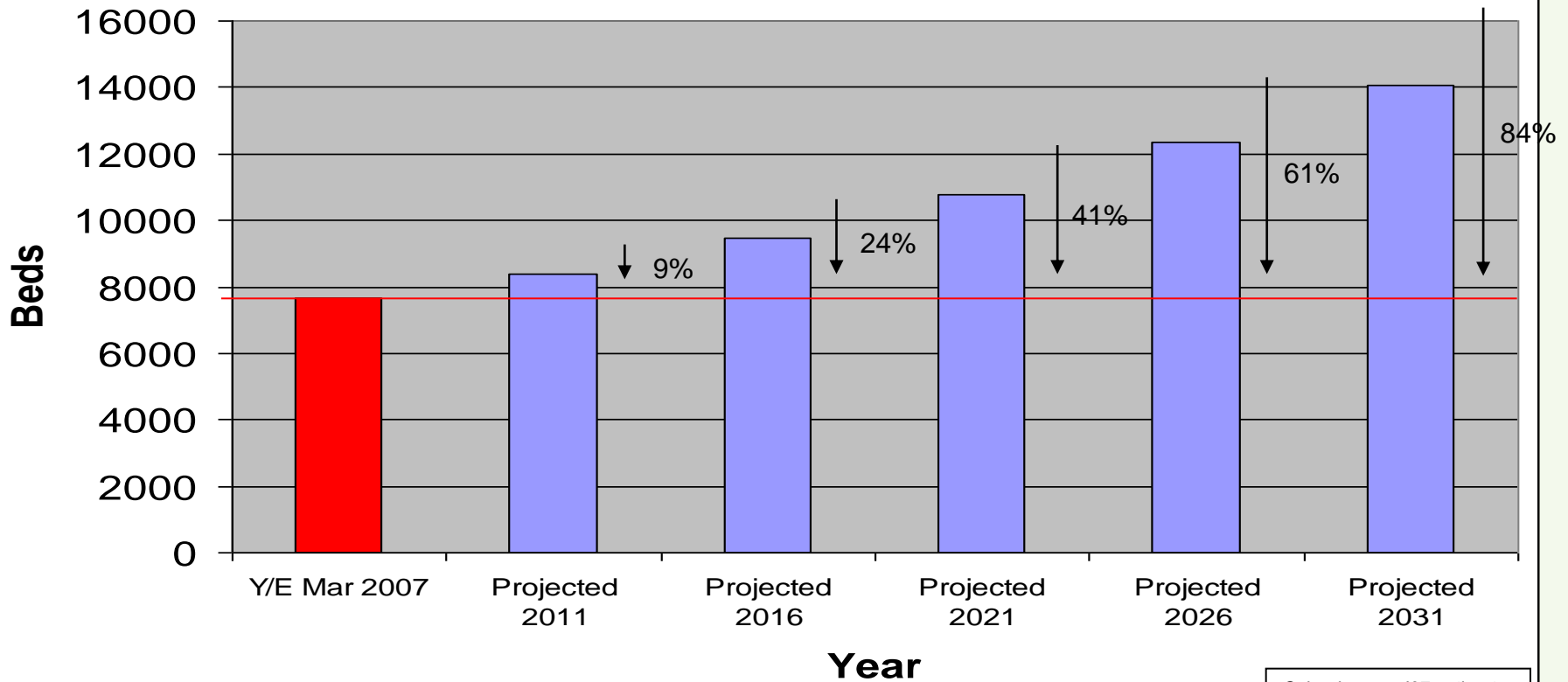
How well do current services help meet this agreed policy goal?

Health and social care expenditure
Scottish population aged 65+
(2007/08 total=£4.5bn)





Demographic change for population aged 65+ Scotland Potential impact on emergency bed numbers 2007-2031



Calendar year '07 estimate

Reshaping Care for Older People

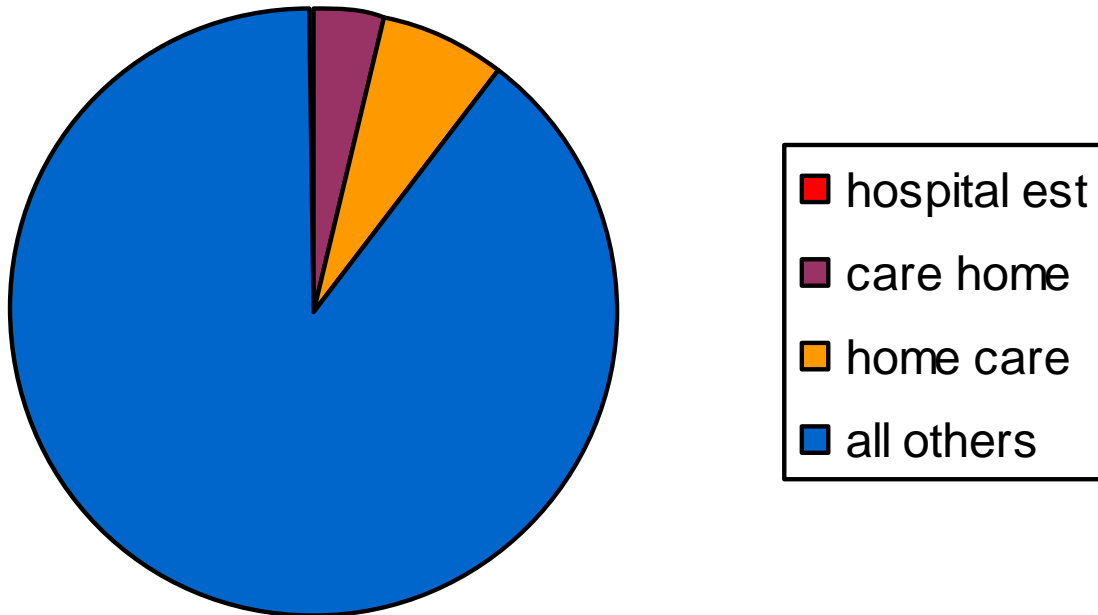
April 2008	Lord Sutherland Review FP+NC
Dec/Jan 09	Reports to MSG
Jan-March 09	Developing framework, setting agenda
May 09	Joint Leadership Summit
May-Nov 09	8 workstreams/Champions
8 Dec 09	Report “emerging proposals” to MSG
8 Feb 10	Follow-up Leadership summit
17 March 10	Launch of Programme
June-Sept 10	Public engagement
Dec 10	Report back on engagement and forward plans

The Reshaping Care for Older People Programme

- ❑ Govt/NHS/COSLA initiative
- ❑ 8 workstreams
 - Vision and engagement
 - Demographics and funding
 - Care at home
 - Out of home care
 - Healthy ageing
 - Planning for ageing communities
 - Complex care/care pathways
 - Workforce
- ❑ Public launch and extensive engagement programme – April-Sept 2010

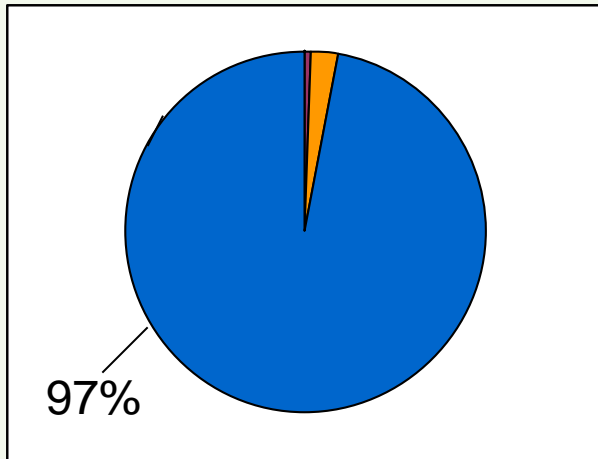
Current service provision by service type

People aged 65 and over

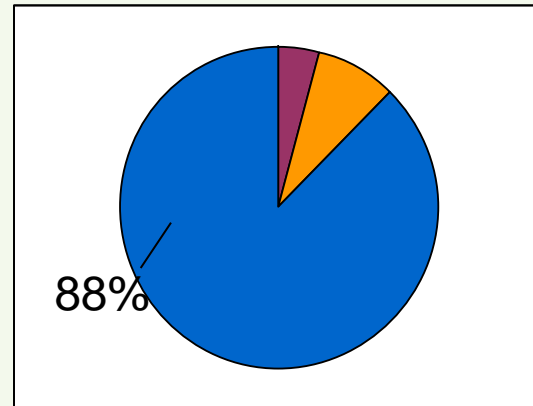


Current service provision by age group

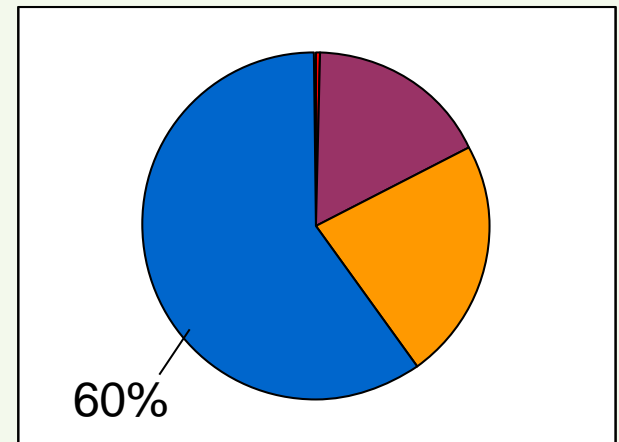
65-74



75-84



85+



Emerging Proposals: The Headlines

- Reinforce and restate the policy goals
- Reshaping attitudes and expectations: A new philosophy of care
- Honesty about resources
- Explicit about a focus on outcomes
- Older people – asset not burden
- Supported Self Care
- Community Capacity Building
- Integrated/Person centred approaches
- More/better complex care at home/excellent care pathways
- Shifting resources to follow the person
- Action to secure healthy “added” years
- Supporting the workforce, unpaid carers and volunteers

Care Settings

- ❑ Care at Home
 - ❑ Care out of Home
- Focus on capacity not incapacity/capability not incapability
 - Re-ablement and rehabilitation focus
 - Telecare/telehealth
 - Integrated care (health, social, housing, community)
 - Equipment and Adaptations
 - New models of care home/very sheltered housing – equity based
 - New models of care home – for end of life care, for intermediate care, for dementia etc
 - Supporting unpaid carers
 - Improving access to all services (not just care services)

Care Pathways

- ❑ Supporting complex care in/out of hospital
- ❑ A+E: Decide to admit not admit to decide
- ❑ Systems design to follow patient and fluctuate care/support
- ❑ Better integrated care
 - sharing information and resources
 - multi-disciplinary working
 - multi-agency working

Community Capacity

- ❑ Mutual Care supporting people to stay out of 'formal' care system
- ❑ New delivery approaches based on co-production
- ❑ Supporting community enterprise/care co-operatives/volunteering

Supporting Work:

- Economic modelling
- Costs and funding of care
- Public and Workforce engagement
- Research and development
- National/local relationships

Next Steps

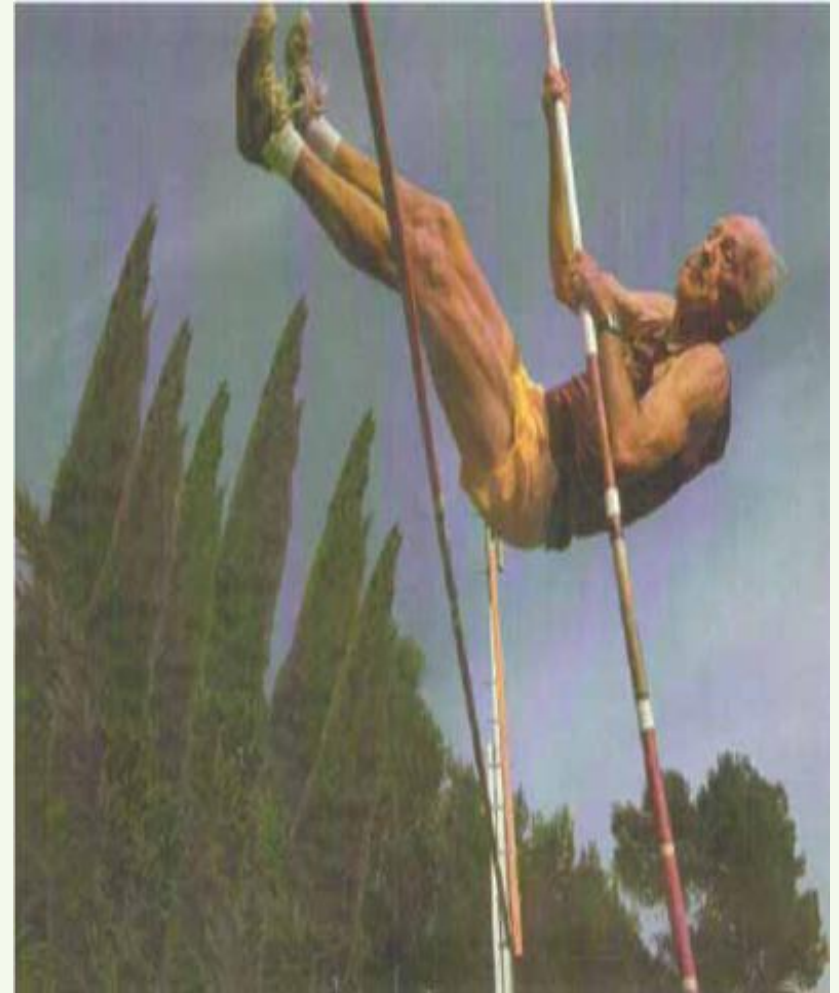
- 10 year Strategic Delivery Plan
- Delivering through multiple partnerships

This is a big programme and it's exhausting



but it must deliver

...Outcomes worth celebrating!



Further information: www.scotland.gov.uk/topics/health/care/reshaping and
www.jitscotland.org.uk

Ha en fin dag! Tusen takk